



## Your In Office Surgery Arrangements

### Preoperative Appointment

- Date:
- Time:
- Location: Alliance East Lansing, 1560 Turf Lane, East Lansing, MI 48823  
Alliance Mason, 1100 S Cedar Street, Mason, MI 48854  
TeleMedicine

### Surgery

- Procedure:
- Alliance Surgeon:
- Surgery Date:
- Surgery Time: TBD
- Arrival Time: 45 minuets before surgery time
- Location: **Alliance Mason Location**  
**1100 S Cedar Street**  
**Mason, MI 48854**

### Post Op Appointments

- Date:
- Time:
- Location: Alliance East Lansing, 1560 Turf Lane, East Lansing, MI 48823  
Alliance Mason, 1100 S Cedar Street, Mason, MI 48854  
TeleMedicine

## **Information About Your Surgery at Alliance OB-GYN with In Office Anesthesia**

- **Surgery Time:** We will notify you the Tuesday before your surgery as to exact arrival time and planned surgery time. Patients are assigned times based on the complexity of the surgery and sickness of the patient.
- **Cancellation Fee:** Any surgeries cancelled or rescheduled less than 14 days before the surgery date will be subjected to a \$250 cancel/reschedule fee
- **Disability and FMLA Forms:** If you are expecting an extended leave from work due to medical reasons, you may need a disability/FMLA form completed. Contact your Human Resources department at your job for information about your benefits and what forms they require. Provide the forms to our Alliance team at the front desk to be completed. Forms are completed within 14 days of being received and are subjected to a \$10 processing fee per form
- **Anesthesia:** You will receive IV sedation during the procedure by a trusted anesthesia provider. There will be a separate bill to your insurance company from the Anesthesia team. We can provide you direct contact information to Anesthesia provider if you have questions about a bill. This is separate from Alliance billing the insurance company for surgery. It is possible that you will receive a phone call or text from the Anesthesia team prior to the surgery day. You will speak directly with the anesthesia team on the day of surgery.

## Pre- Surgical Appointments and Information

- **Preoperative Appointment:** This is a visit to review plan of surgery with Alliance Doctor including post op expectations and plans for pain control. The appointment date, time and location listed above.
- **Patient Pre-Surgery Check List:**
  1. Prevent Pregnancy if you have a male partner: Use a reliable form of contraceptive for at least 2 weeks prior to surgery. Reliable birth control includes sterilization (tubal, vasectomy), non-expired IUD, birth control pills/patch/ring/shot/implant or consistent use of condoms.
  2. If your surgery will be near skin that has hair, stop shaving 2 weeks prior to surgery.
  3. Stop Medications
    - Vitamin: Stop all over the counter herbal/dietary supplements one week before your surgery
    - Diabetes and Weight loss medications: Stop all weight loss medications or diet pills **two weeks** before your surgery. This includes GLP-1 inhibitors (Wegovy, Ozempic).
    - Blood pressure medications: Take your blood pressure medications as normal unless you are taking an ACE-inhibitors. Do not take ACE-Inhibitors on the day of surgery
    - Stop Motrin, Advil, Ibuprofen, Naproxen, **Aspirin** and other NSAIDs two weeks before your surgery
    - Do not use Marijuana on the day of your surgery
  4. Night before surgery: Stop eating solid food after midnight the day of your surgery. You can have small amount (8oz) of clear liquid (water, apple juice, electrolyte replacement/sports drinks) up to 3 hours before your surgery. If you have had solid food or non-clear liquids, the surgery will be cancelled.

## Day of Surgery

- Plan to arrive at the Alliance Mason location 45 minutes prior to your scheduled surgery time. You will meet with the Anesthesia team and with the Alliance surgical team. Sometimes surgery day can run behind or ahead. Prepare to be flexible.

Alliance – Mason Location  
1100 South Cedar Street  
Mason, MI 48854

- You will need to have someone drive you home after receiving the sedation. Plan to have a responsible adult with you following surgery.
- Wear loose, comfortable clothing and flat-heeled shoes. Leave all valuables and jewelry at home.

## Following Surgery

- **Post Operative Phone call :** An Alliance Nurse will be calling you the week following your surgery to check on you and review any pathology that was collected during surgery.
- **Post Operative Instructions:** You will receive written post op instructions after the procedure. There is a copy on the Alliance website (“[In Office Surgery with Sedation After Care Instructions](#)”) Please let us know at Alliance if you develop any fever, incision redness or unexpected pain or bleeding.
- **Post Operative appointment:** most surgery will not require a post op appointment, only the follow up phone call from a nurse. We are always available to you if you feel like there was an issue.