



Carrier Screening

- ***What is carrier screening?*** This is a blood test that determines if you are a carrier of certain genetic disorders. When it is done before or during pregnancy, it allows you to find out your chances of passing specific genetic disorders onto your child.
- ***Would my family history tell me if I have a genetic issue?*** Not always since these are recessive genes. That means for someone to have symptoms they need to inherit one part from their mother and one part from their father. Many people are carriers of these genetic issues and do not have symptoms.
- ***Do I need to do different testing if I have Ashkenazi Jewish (Eastern European and Central European) descent?*** Some genetic issues are more common in Ashkenazi Jewish descent such as Canavan disease, Cystic fibrosis, Familial dysautonomia and Tay–Sachs disease. The Horizon 14 panel by Natera will test for these four genetic conditions.
- ***How often do I need to have a carrier screening done?*** Only once in your lifetime. Your carrier status for a specific genetic issue will not change in your lifetime.
- ***How can I be tested?*** We recommend using the Natera Horizon 14 panel that is drawn by blood. The Alliance East Lansing location has the testing kit, and the U-M Sparrow lab at that location will draw the blood and send it to Natera.
- ***What if my test is positive?*** This means that you are a carrier for that specific genetic issue. Your partner would need to be tested to understand the risk of passing on this genetic issue. Alliance and Natera will work together to facilitate testing for your partner. Natera will provide a Genetic Counseling visit for you if desired – there is no additional cost for this service. Partner testing is not needed for X-linked conditions.
- ***What is the cost of the test?*** Natera will charge you \$249 for the test if you “self-pay”. You can also submit the test through your insurance company. If your out-of-pocket cost is anticipated to be more than \$249, Natera will reach out to offer you self-pay.
- ***What if my insurance requires prior authorization?*** The Michigan platform of Natera will provide the prior authorization for you instead of Alliance. Reach out to Natera to start the process.



Natera welcomes all health insurance plans
and is in-network with the vast majority of plans

View some of our key in-network insurances below.

Blue Cross Blue Shield of Michigan

Molina Healthcare

Blue Care Network

Priority Health

McLaren Health Plan

United Healthcare

Meridian

University of Michigan Health Plan (PHP)

Scan to view our full list of in-network insurance plans



1 Create an account and opt-in to texting

We'll send you an email or text when we receive your sample. Be sure to opt-in to receive important updates, such as cost estimates.³

Text from 70487: Natera has received your test sample...
Reply YES to confirm.

2 Natera may send you a cost estimate

If we estimate your out-of-pocket (OOP) cost to be more than \$249 or \$349 per test (depending on test),² we may send you a message with payment options including our cash pricing.

Text from 847-278-9165: Natera has a cost estimate for you...

3 Your insurance will send an EOB, it is NOT a bill

An Explanation of Benefits (EOB) document is NOT a bill. The amount shown in the EOB is not final, and no action is required.

[illegible]

4 Natera may send you a bill

If there is any OOP cost remaining, we will send a bill. You can pay in full, choose an interest-free payment plan, or apply for financial assistance.



For additional assistance with pricing or Natera billing questions, please scan the QR code or visit www.natera.com/womens-health/pricing-billing/

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The tests described have been developed and their performance characteristics determined by the CLIA-certified laboratory performing the test. The tests have not been cleared or approved by the US Food and Drug Administration (FDA). CAP accredited, ISO 13485 certified, and CLIA certified. © 2025 Natera, Inc. All Rights Reserved.