



46325 W. 12 Mile Road
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Novi, MI 48377
(248) 465-1200
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This information is not a substitute for medical advice, diagnosis, or treatment. The diagnosis or treatment of any disease or condition may be based on personal history, family history, symptoms, a physical examination, laboratory test results, and other information considered important by your doctor. Always talk with your doctor about the meaning of your test results.

APPROVED MEDICATION LIST FOR OBSTETRICAL PATIENTS AND NURSING MOTHERS

Allergy Shots

May be continued. Please consult with your allergist.

Allergies

Zyrtec
Claritin

Antibiotics

Penicillin, Amoxicillin, Ampicillin
Augmentin
Zithromax
Z-Pack
Keflex
NO TETRACYCLINES!

Colds

Sudafed or Sudafed Severe Cold (Diphenhydramine only)
Afrin Nasal Spray
NO THERAFLU!

Constipation

Metamucil (Citrucel or Fibercon)
Glycerin Rectal Suppositories
Milk of Magnesia
Colace
Gasex

Cough

Robitussin Cough Syrup (Regular or Dm Formula)
Robitussin Cough Drops
Phenergan with Codeine
Mucinex D

ALL MEDICATION SHOULD BE TAKEN ACCORDING TO THE PACKAGE DIRECTIONS. IF YOU HAVE ANY QUESTIONS ABOUT TAKING A MEDICATION, PLEASE CALL THE OFFICE AT (248) 465-1200 DURING OFFICE HOURS.



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Diarrhea

Kaopectate or Immodium AD
Gatorade

Headaches

Tylenol (Regular or Extra Strength as directed)
NO ASPIRIN! NO IBUPROFEN!

Heartburn/Upset Stomach

Maalox, Mylanta, Tums, Prilosec OTC or Zantac

Hemorrhoids

Maintain adequate dietary fiber and liquid intake
Anusol
Preparation H Rectal Suppositories or Cream
Tucks
Sitz Baths

Nausea

Emetrol (as directed)
Vitamin B-6 (50 mg every 6 hours as needed)
Unisom (1/2 tab) CAUTION- May cause drowsiness
Phenergan

Sinus Colds

Afrin Nasal Spray (Use no longer than three consecutive days.)
Saline Nose Spray

Sore Throat

Cepacol
Chloraseptic
Sucrets Lozenges

Vaginal Yeast Infection

Monistat 7 Vaginal Cream
Gynazole 1

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